

GymBeam Fitness Company GmbH

Kärtner Ring 1
1010 Wien
Austria



Our Sign : RRU
Date : 08.06.2026

Certificate of analysis 26024844 - 024

Sample name : Multivitamin Vitality complex - GymBeam 240 tab

Marking of sample : LC240523 22028

Customer No. : none

Packaging : Commercial package/plastic bottle

Sample amount : 2 x 273,6 g

Shipping of sample : Courier Service

Sample entry : 20.05.2026

Entrance temperature : Room temperature

Sample taken : by sender

Begin/end of analysis : 20.05.2026 / 08.06.2026

The test results apply only to the test items described in the report. No responsibility is accepted for the validity of the results if any data or information provided by the customer may affect them. Data provided by the customer are clearly identified. The laboratory assumes no responsibility for the sampling including minimum quantities unless it was carried out by samplers from a company within the GBA Group or on its behalf. In this case, the results apply to the sample as received. The test report may not be published or reproduced, in whole or in part, without the written consent of the issuing company. The general terms and conditions are available at <https://www.gba-group.com/en/general-terms-and-conditions/>.

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Dok.-Nr.: ML 510-01 # 2 V1 E, 511, 19.02.2026

GBA Gesellschaft für Bioanalytik mbH
Goldtschmidtstr. 5, 21073 Hamburg
Telefon +49 (0)40 797172-0
Fax +49 (0)40 797172-27
E-Mail gba-group@gba-group.de
www.gba-group.com

Sitz der Gesellschaft:
Hamburg
Handelsregister:
Hamburg HRB 42774
USt-Id.Nr. DE 118 554 138
St.-Nr. 47/723/00196

Geschäftsführer:
Ralf Murzen,
Ole Borchert,
Alexander Kleinke,
Dr. Dominik Obeloer



seit 1989

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Test Results

Chemical/Physical Test	Result	Unit	Declaration	± MU	MU[%]	MU Source
Ascorbic acid	465	mg/ daily serving	500	93	20	I
Vitamin E (alpha-Tocopherol)*	21,7	mg/ daily serving		4,3	20	I
Vitamin E (factor 0,5)**	10,8	mg/ daily serving	24	2,2	20	I
Vitamin B1 (Thiamine)	1,3	mg/ daily serving	2,2	0,26	20	I
Vitamin B2 (Riboflavin)	2,4	mg/ daily serving	2,8	0,36	15	I
Niacin	31,6	mg/ daily serving	32	4,7	15	I
Pantothenic acid	10,4	mg/ daily serving	12	2,1	20	I
Vitamin B6	1,8	mg/ daily serving	2,8	0,36	20	I
Vitamin A	372	µg/ daily serving	400	93	25	I
Biotin	79	µg/ daily serving	100	20	25	I
Folic acid	671	µg/ daily serving	400	134	20	I
Vitamin B12	3,5	µg/ daily serving	5	1,2	35	I
Magnesium	114	mg/ daily serving	120	17	15	I
Zinc	15,1	mg/ daily serving	15	3	20	I
Iron	12,1	mg/ daily serving	7	2,4	20	I
Chromium	149	µg/ daily serving	125	30	20	I
Selenium	90	µg/ daily serving	100	18	20	I
Cholin, free and bound	20,2	mg/ daily serving		3,8	19	IV
Hesperidine	40,9	mg/ daily serving	50	2	5	IV
alpha-lipoic acid	37	mg/ daily serving	40	3,7	10	IV
Coenzyme Q10 (ubiquinone and ubiquinol)	9	mg/ daily serving	10	1,7	19	IV
Weight per dosage form	1,13	g		0,011	1	VII
Daily serving	2	tablet(s)				

* assuming the product contains only D-α-tocopherol forms.

** Calculation factor according to "GDCh Vitamin-Umrechnungstabelle" with exclusive use of a racemate (D/L form e.g. D/L-α-tocopheryl acetate) as raw material and after saponification. (Monograph: USP. Vitamin E. In: USP-NF, Rockville, MD: United States Pharmacopeia; 01-May-2024; https://doi.org/10.31003/USPNF_M88600_04_01)

Assessment:

The deviation of the content of several vitamins and minerals from the declared value is outside the tolerance specified in the Guidance Document of the EU Commission (cf. Guidance document of the EU Commission with regard to the setting of tolerances for nutrient values declared on a label in food supplements from December 2012).

Hamburg, 08.06.2026

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This test report is done automatically and is valid without signature.

Methods

Parameter	Method	DR
Ascorbic acid	HH-MA-M 02-007: 2019-12 ^a ₀	z
Vitamin E (alpha-Tocopherol)*	§ 64 LFGB L 00.00-62: 2015-06 ^a ₀	z
Vitamin E (factor 0,5)**	calculated α	
Vitamin B1 (Thiamine)	HH-MA-M 02-160, LC-MS/MS: 2024-03 ^a ₀	z
Vitamin B2 (Riboflavin)	HH-MA-M 02-160, LC-MS/MS: 2024-03 ^a ₀	z
Niacin	HH-MA-M 02-160, LC-MS/MS: 2024-03 ^a ₀	z
Pantothenic acid	HH-MA-M 02-160, LC-MS/MS: 2024-03 ^a ₀	z
Vitamin B6	HH-MA-M 02-160, LC-MS/MS: 2024-03 ^a ₀	z
Vitamin A	§ 64 LFGB L 00.00-63/1: 2015-06 ^a ₀	z
Biotin	HH-MA-M 02-160, LC-MS/MS: 2024-03 ^a ₀	z
Folic acid	R-Biopharm AG VitaFast Folic acid P1001, photometric: 2016-10 ^a ₀	z
Vitamin B12	R-Biopharm AG VitaFast Vitamin B12 (cyanocobalamin) P1002, photometric: 2017-02 ^a ₀	z
Pressure pulping	§ 64 LFGB L 00.00-19/1: 2015-06 ^a ₀	q
Magnesium	§ 64 LFGB L 00.00-144, ICP-OES: 2019-07 ^a ₀	z
Zinc	DIN EN 15763, mod., ICP-MS: 2010-04 ^a ₀	y
Iron	§ 64 LFGB L 00.00-144, ICP-OES: 2019-07 ^a ₀	z
Chromium	DIN EN 15763, mod., ICP-MS: 2010-04 ^a ₀	y
Selenium	DIN EN 15763, mod., ICP-MS: 2010-04 ^a ₀	y
Cholin, free and bound	FV-0243 02-003, LC-MS/MS: 2026-04 ^a ₁	z
Hesperidine	FV-0533 02-020, HPLC-UV: 2025-02 ₁	z
alpha-lipoic acid	FV-0533 02-015 HPLC-UV: 2024-08 ^a ₁	z
Coenzyme Q10 (ubiquinone and ubiquinol)	FV-0533 02-008, HPLC-UV: 2024-09 ^a ₁	z
Weight per dosage form	HH-MA-M 10-030, gravimetric: 2021-11 ^a ₀	z

The methods marked with ^a are accredited methods of the performing laboratory.

Testing laboratory: ₀GBA Hamburg α automatically calculated from the system ₁extern

MU-Source:

I: According to DIN ISO 11352 as expanded, combined measurement uncertainty with $k = 2$ (95 %), sampling not included

IV: According to subcontractor

VII: According to expert estimation

Decision rules:

z: In conformity assessment, measurement uncertainty is disregarded and serves as informational data only.

q: The conformity assessment of qualitative measurement values (positive/negative, conforms/ does not conform) is performed without considering additional analytical measurands.

y: In conformity assessment, measurement uncertainty is disregarded for measured values below the tolerance limit. For measured

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values exceeding the tolerance limit, measurement uncertainty is subtracted from the measured value. If no conformity assessment is performed, measurement uncertainty serves as informational data only.